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| Name: MR. SUKAT KALWAR | Reg No: 4-9SMMHC18 |
| Age / Sex:70+ | Contact No: |
| Marital Status:MARRIED | Date: |
| Occupation:ELECTRICIAN IN RAILWAYS.. | Dr. |
| Address:  NATIVE GORAKHPUR. | DIAGNOSIS- |

1. BLOATING ABD BURNING IN CHEST SINCE 2-3 MONTHS.
2. BREATHLESSNESS< WALKING, HEAVY WORK., LIFTING WEIGHTS SINCE 15 YEARS. H/O OF TB.
3. BP SINCE 3-4 MONTHS WEN THEY WENT FOR ASTHMA TREATMENT.
4. PROTRATE PROBLEMS – DRIBBLING URINE SINCE 2 YEARS.
5. COUGH < COLD , WHITISH PHLEGM…
6. GALL STONES FOUND OUT WHEN TREATED WITH BP GOT TO KNOW ABOUT IT WHEN THEY WENT FOR CT SCAN.
7. SWELLING OF LEGS FROM 2 YRS ALMOST < WALKING, SITTING,

LEFT FIRST THEN RIGHT EXTENSION.

CANT TOLERATE EXTREME TEMP. AMBI…

Railway electrical dept. was his work.

RX:

1. TUB1M- WEEKLY ONCE
2. BARYTA CARB30- 4 PILLS MORNING B/FOOD.
3. ANTIM TART 200 –SOS BREATHING
4. NAT MUR 6X 4-0-4
5. CARBO VEG 30 – 14 DOSES – 2 DAYS ONCE. NIGHT B/FOOD.
6. ANT TART 30 – NIGHT B.FOOD.
7. ASPIDOSPERMAQ+ARNICA+CARDUS+SABAL+CHELID – 15-0-15 DROPS.

6/10/18: bloating abd and legs swelling not there. Acidity and breathing difficulty is ther. <lifting weights.

Rx:

1. Causticum1m – 3-3-3 for 3 days weekly repeat 2 dram pills
2. Antim tart 200– 3-3-3 for 3 days weekly repeat.
3. Nat mur12x 4-4-4-4
4. Carbo veg 30/lyco30 – 2 dram pills sos gastritis.
5. rauwolfiaQ – 15-0-15 drops – 1 bottle.
6. antim tart1m+bryonia1m – 3 pills sos.15 gm bottle.
7. blattaQ+aspidospermaQ – 15 drops sos breathing. Every 20 min in warm water drink for an hour till complaints subside.
8. Tub 1m – weekly once b/food.mng.
9. Nux vom30+bell30+ipecac30+colocynth30+mag phos 30 – stone pain sos.

27/10/18: after having lunch feels bloating till 7 pm feels distension and no hunger. Breathing difficulty is reduced than before.

Rx:

1. Robinia 30- 4-0-4 b/food.
2. blattaQ+aspidospermaQ – 15 drops sos breathing. Every 20 min in warm water drink for an hour till complaints subside.
3. Causticum1m/antim tart1m– 4-4-4-4 weekly 3 days 2 dram pills 30 size globules.
4. C.veg 30 – 4 pills sos – gastritis
5. Nux vom30+bell30+ipecac30+colocynth30+mag phos 30 – stone pain sos.
6. antim tart1m+bryonia1m+nat sulph 1m – 3 pills sos.15 gm bottle.
7. Nat sulph 200 – 4 doses – weekly one dose b/brush.
8. Psorinum 50 m – 1 dose stat.
9. Kali phos 12x 4-4-4.

12/1/19: size of the stone 7.1mm increased usg abdomen. Earlier it was 2.1mm mri scan.breathing beter than before. Only in temp variation, heavy work, walk fr a longer time then he is getting breathless. After food. Abdmen bloated. Food not diegested feeling. Bp is ok.

1. Tub 200 – 1 dose.
2. Boldo Q – 10-10-10 drops a/food water.
3. Lyco 30 – 4-4-4 2 dram pills.
4. Robinia 200 – 4-0-4 b/food disc. 30 gram.
5. Digestive tonic 2-2-2 tsp b/food. 4 tsp.
6. Thuja 30/baryta carb 30 – 4-0-4. 2 dram pills alternate days.
7. blattaQ+aspidospermaQ – 15 drops sos breathing. Every 20 min in warm water drink for an hour till complaints subside.– 15-15-15 drops a/food water.
8. Ant tart 200 – 4 pills sos breathing.
9. Nux vom30+bell30+ipecac30+colocynth30+mag phos 30 – stone pain sos.

Ext med:

* Bry 200
* Laurocerasus 200
* Carb veg 30 , carbo veg 200

23/3/19: feeling bit less but not completely. When weather change is there gets more affected. Serflow he takes then fels better. Warts came off after medicine. Only few are there.

Rx:

1. Hydrastisq+boldo q+cardus murQ half bottle.
2. Cardus mur1m/lyco1m/thuja1m pills 4-4-4-4 1 dram
3. Calc biliari 30- pills 4-4-4 1 dram
4. Bryonia1m+fel tauri200 – disc 4-4-4 b/food.

2/4/19: gall stones size is 9mm – last time it was 11mm. breathing is still difficult at times but better than before. Food he is not able to hav properly. Very frequently going for urination. Breathing oppression< physical work and weather change.

Rx:

1. Kurchi/hydrastisq/boldo q – 15-10-15 drops a/food. Water – 3 and half bottles.
2. Sabal 1m/baryta carb 1m/thuja 1m – 4-4-4-4 alter nate weeks – 7 bottles.
3. Cardus mur 1m/ calc biliari 1m – 4-4-4-4 alternate weeks. 7 bottles.
4. Natrum sulph 200 morning 4 pills b/food. 3 – 1 dram bottles
5. causticum 200 – 4 pills night b/food. – 3 – 1 dram bottles.
6. Ant tart 200 – 4 pills afternoon b/food – 3 – 1 dram bottles.
7. Rub 30 – 3 sets.

27/7/19: much better than before. Urination is more. After eating more bloating. Takes a lot of time to reduce that. One wart is ther which is there still.

Rx:

1. Gallset drops 15-15-15 a/food water
2. Chelidonium0/1, bryonia 0/1, nux vom 0/1, aloe 0/1, lyco 0/1 4-0-4 b/food.
3. Cardus mur 1m/ carbo veg 200/calc biliari1m- 4-0-4 disc.
4. Dioscorea/ chionathus/kurchi/chelid/boldo/hydrastis – 15-15-15
5. Baryta carb 200/sabal serr 200/thuja 200 – 4-0-4 b/food pills 15 gram.
6. Ant tart1m/bry1m/laurocerausus 200 – 4 pills sos breathing.
7. Nux vom30+bell30+ipecac30+colocynth30+mag phos 30 – stone pain sos.
8. Causticum1m/nat sulph1m/antim tart1m – 4-0-4 b/food.